

Strawberry-Banana Smoothie



Ingredients

- 1 cup Silk Soymilk (Organic Plain or Vanilla)
- 1 cup frozen strawberries
- 1 banana, sliced
- 2 Tbsp. 100% orange juice
- 1/4 teaspoon vanilla (optional)
- 1 Tbsp. ground flax seed (optional)

Instructions

- 1. In blender, combine silk, fruit and vanilla. Blend until smooth and creamy.**

Recipe adapted from www.silksoymilk.com